



# ANDROLOGY INSTITUTE OF AMERICA

“The International Center for All Your Patients Andrological Needs” Professor, Panos Zavos, Ed.S., Ph.D., Scientific & Laboratory Director Chief of Andrology & Assisted Reproductive Technologies

## INSTRUCTIONS FOR “EXPRESS” HOME SEMEN ANALYSIS

### Upon receipt of the Home Semen Analysis Kit

- Once you receive your “Express” Home Semen Analysis Kit, please remove the Blue ice packs and the Test Yolk Buffer vial and place both items in the freezer until the time of collection. Keep the foam pieces as they will be needed to ship the sample.

### Scheduling an appointment

Please call our offices at the Andrology Institute of America (859-278-6806) to schedule an appointment. Home Semen Analyses are routinely performed Tuesday through Friday. An appointment will be necessary in order for the test to be performed.  
Please do not collect or ship semen without scheduling an appointment first.

### Collecting the seminal specimen

The semen sample must be produced on the day that it is to be shipped. There should be a 2-4 day period of sexual abstinence prior to seminal collection. Remove the TYB from freezer and allow to thaw by sitting in a glass of warm water for 15 minutes. Produce the semen sample directly into the vial (test tube provided) via masturbation. After all semen has been collected in vial (test-tube), remove and dry the TYB bottle from glass of warm water. Open the TYB bottle carefully and pour all contents in the vial with semen and seal test tube with cap. Shake gently 3-4 times by inverting the vial. Complete identification label on the side of the vial (test-tube). Place the frozen blue ice packs (2) back in the Styrofoam container and cover with foam. Place the vial in the middle of the foam pieces. Seal the 2 pieces of the Styrofoam container with strong shipping tape to secure the container. Also, if possible circle the container with your shipping tape in the slots on the outside of the box. Place the Styrofoam container in the FedEx shipping envelope provided and seal it securely. Make sure the furnished pre-addressed return shipping label is properly attached to the shipping envelope.

### Shipping the specimen

The specimen must be shipped on the same day that it is produced. The specimen must be shipped via FedEx, using the Airway Bill provided which is pre-paid by us. Call your FedEx representative to have the package picked up or you may deliver it to a FedEx drop off point. Drop off the FedEx envelope with the BioTranz containing the semen sample at any FedEx drop off point, Monday through Thursday only.

Shipments are not to made on Fridays, Saturdays, or Sundays.

It is recommended that you drop off the BioTranz in the afternoon on the collection day (preferably within 2-4 hours after collection).

Be sure not to drop off the BioTranz after 5pm at the FedEx drop off point.

We will receive the BioTranz the next morning and process the seminal specimen, accordingly.

### Confidential Report

- Once the semen analysis is performed, a confidential report will be mailed to you via US mail within 5 business days.